



General Workshop and Nature Trip Information

Picture yourself exploring a new philosophy or a mountain trail, and examine the diverse selection of Workshops and Nature Trips in the rest of this catalog. Don't wait until July 22 to register for an activity. Workshops and Nature trips may be cancelled if they do not attract a sufficient number of registrants. Sign up early for favorites to avoid disappointment - capacity is often limited. The earlier your registration is received, the greater the chance of getting your first choice(s). If a workshop you select is filled and you have an alternative choice, you will be placed in the alternate workshop if it is available. We will not have a waiting list - been there, done that, but the effort burns out the SUUSI volunteers trying to keep it accurate...

Check the description for your scheduled activities carefully. SUUSI can be as hectic or as relaxing as you want, but few of us have mastered the ability to be in two places at the same time. You can change your schedule during registration on the first day of SUUSI, and get refunds for workshops/Nature trips that you drop then. After you finish registration, you may still add or change workshops and Nature trips (on a space-available basis) during scheduled hours in the Information Office and at the Nature "tent."

Fees for Workshops and Nature Trips

Workshop and Nature fees are listed per individual unless otherwise indicated. We strive to keep your cost as low as possible, and to offer plenty of free experiences. Fees only serve to subsidize the Workshop and Nature programs (to reimburse workshop leaders for supplies and materials, pay for van rental, etc.). A higher-than-average fee for a workshop reflects a higher cost of materials or other resources for that workshop. Workshop fees do not pay workshop leaders. Leaders are volunteers who receive credit toward SUUSI registration, housing, and meals in accordance with a formula developed by the SUUSI Board. If you are interested in presenting a workshop in 2002, contact the "core staff" leaders at workshops@suusi.org

NOTE: After you register on Sunday, no refunds will be issued for workshops or Nature trips unless SUUSI has to cancel the scheduled activity for safety (usually bad weather) or logistical reasons. Instead, you can apply workshop or Nature trip credit to another workshop or Nature trip, up until the time of the first meeting of the workshop/trip you wish to change. Once the workshop or Nature trip has started, no credits or refunds will be given.

Understanding the Workshop Listings in This Catalog

Each workshop description starts with a number. All "100's" are scheduled in the morning, typically from 10:00am-noon.

The workshops numbered in the "200's" are held in the afternoon, typically from 2:00-4:00pm. The "300's" are in the evening, and "400's" are all day workshops.

Also on the first line of the description is the title and maximum limit of participants. If there's an asterisk (*) in the title, it's a "restricted" workshop with emotional content for adults.

After the descriptive narrative, there may be a book or Web site that the workshop leaders recommend you read. The workshop leaders are identified by name, and then the last line lists the time, day(s) the workshop is held, whether attendance is preferred/required/drop-in, the minimum age of a participant (12+ means anyone 12 and

older is welcome), and finally the additional fee for the workshop. (The fee for FREE workshops is covered already in the registration cost.)

For example, #107 is the Marriage Enrichment* workshop. It's restricted, and there's room for 18 adults. The workshop leaders, Kip and Kristine Barkley, recommend visiting the www.marriageenrichment.com Web site and reading *The Seven Principles for Making Marriage Work* by John M. Gottman.

The workshop meets in the morning from 10am-noon on Monday (M), Tuesday (T), Wednesday (W), Thursday (Th), and Friday (F). Participation on all 5 days is REQUIRED, the minimum age is 18, and the fee is \$25.

[We're giving away the secrets of the catalog descriptions for Nature trips too! Look for the deciphering of the Nature runes and requirements, just before the Nature trip descriptions in the next section of the catalog.]