



Southeast Unitarian Universalist Summer Institute

Winter NUUS

July 19 - 25, 2009 Radford, VA

Rekindle the Flame Within



In the dead of winter, it's hard to remember the tickle of grass between your toes, the feel of the warm sun on your cheeks or the scent of wildflowers in the air. But in fewer than five months, SUUSI will be here, this year encouraging us to rekindle the flame within.

The SUUSI staff has great plans for this summer—workshops, youth programming, nature trips, nightlife, worship—all in idyllic Radford, Virginia. Your catalog will be on its way in a matter of weeks. And don't forget about SOLIS—your chance to register online and save 20 bucks. (That's at www.suusi.org/solis.)

Start dreaming of summer days and sparking new (and old) friendships. It's nearly SUUSI time!

New to SUUSI?

No worries. At one time or another everyone went through the rites of passage as a newbie to SUUSI. Thankfully, all the veteran attendees make the transition easy—welcoming you and pointing you in the right direction. Contact our newcomer coordinator at firsttime@suusi.org.

Important Dates

Early April

Start registration when your catalog arrives

May 11

Staff registration deadline

May 15

Registration deadline for groups wishing to house together
SUUSIship application deadline

Registration deadline to receive \$50 per person discount

June 20

Registration deadline to receive \$25 per person discount

July 19-25

SUUSI 2009! See you in Radford!

Lend a Hand

Make the most of your SUUSI experience by volunteering. A wide variety of activities and events simply do not come together without help from the SUUSI community. You can volunteer in advance when you register and more informally during the week. Direct your questions to our volunteer coordinator at volunteers@suusi.org. Thanks!

Help Keep Us in the Know

To make sure you don't miss any SUUSI information, please update your information on the SOLIS system. Go to www.suusi.org/solis to log in. Then click the "My Account" link at the top of the page to update your information. Be sure to click "Update" at the bottom to save your changes.

Spiritual Life

Rekindle your spirit with moving and thought-provoking speakers. The day starts with inspiring morning theme talks and ends with centering evening worship services. SUUSI spiritual life offers something for everyone.



Morning Theme Talks

Rev. Chris Buice

(Tennessee Valley Unitarian Universalist Church, Knoxville, TN)

Lift Every Voice and Sing: Seeking a Spirituality of Transformation

Rev. Manish Mishra

(Unitarian Universalist Church of St. Petersburg, St. Petersburg, FL)

Cultural Diversity: Here and Beyond

Rev. Jennifer Slade

(Red Hill Universalist Church, Clinton, NC)

Search as an Opportunity to Rekindle the Flame

Rev. Clare Petersberger

(Towson Unitarian Universalist Church, Towson, MD)

Out of the Stars We Have Come

The President of the
Unitarian

Universalist Association

Rev. Laurel Hallman or Rev.
Peter Morales

Where Do We Go From Here?

Evening Worship

Rev. Kate Walker

(Mt. Vernon Unitarian Church, Alexandria, VA)

Are UU's Really Open-Minded?

The SUUSI Young Adult Group

Rekindling Change

Rev. John Crestwell & Joe Jencks

(Davies Memorial Unitarian Universalist Church, Camp Springs, MD)

Transforming Worship

Rev. Alison Miller

(Morristown Unitarian Fellowship, Morristown, NJ)

Lighting the Torch, Finding a Path

Rev. Marian Stewart

(Northlake Unitarian Universalist Church, Northlake, WA)

With Allison Dunmore and
Susan Hill

Earth-Centered Service



SUUSIships

SUUSIships are financial assistance grants awarded to individuals and families who want to come to SUUSI but are experiencing a difficult financial situation. SUUSIships are need-based awards that defray the costs of registration, room and board (but not travel, workshops or AC). Each award requires a work/service commitment. If you would like to be considered for a SUUSIship, please submit your application as early as possible. For information, to make a donation or to request an application, e-mail suusiships@suusi.org.



Concert Hour

This year's concert hour performers bring something for everyone. SUUSI veterans Wishing Chair return for the Monday night kick-off concert. Multi-instrumentalist Miriam Davidson and songwriter/composer Kiya Heartwood have made an art of inspiring performances and award winning songs, seducing the listener with soulful confessions, political broadside and a wicked groove. Their songs combine a passionate mix of intelligent lyrics, spellbinding storytelling and breathtaking harmony over a full roots-and-roll sound.

Newcomers Ellen Bukstel and Pat Victor take the stage Tuesday and Wednesday nights. Ellen is a multifaceted Florida based folk-pop singer songwriter who draws from her emotional roller coaster of a life to bring hope, laughter, tears, biting wit and inspiration to her audiences.



Pat is a contemporary songwriter and interpreter, drawing on the rural country, gospel, and blues traditions of our nation. His performances are part fireside chat, part meditation on matters earthly and transcendent. He is quick to offer up a newly discovered lyric from another performer, or a fresh arrangement of a traditional song, delighting in introducing his audience to innovative material.

School of Rock

The rowdy fans from SUUSI 2008 have demanded an encore! If you were at last year's School of Rock Concert then you know what we mean. The teen and YA participants of the School of Rock workshop (#234) will be on stage with booty-kicking favorites to get everyone banging their heads (in a good way!). Bring your friends, camera and earplugs, and get there early because last year it was standing room only!

Missing SUUSI? Stay in touch with the SUUSI community year-round with these online resources:

- SUUSI Friend's e-mail list: www.suusi.org/mailman/listinfo/suusi-friends
- SUUSI Teen's e-mail list: www.suusi.org/mailman/listinfo/suusi-teens
- Young Adults e-mail list: groups.google.com/group/suusiyoungadults
- Median's e-mail list: groups.yahoo.com/group/TheMedianProgram/
- Search www.facebook.com for several SUUSI related groups
- Follow SUUSI on Twitter: twitter.com/suusi
- Flickr: flickr.com/groups/suusi/

Nature Trips



Come rekindle your connection with nature! Include at least one Nature trip in your SUUSI week! Activities range from physically easy to challenging, and are scheduled throughout the day from early morning to late evening. There are new adventures for everyone, first timer or veteran, as well as repeats of your favorites from past years.

Discovery

Want to take a walk, bike, visit a winery, meadery or cidery? Would you like to visit historic churches in Virginia? Want to learn how GPS fits in with nature? Our Discovery division offers all this and more. If you love nature, **but don't want to ride in a van, sign up for a leisurely on-campus walk!** Look for more information about trips that include bird watching, stargazing, exploring the floor of the forest and others.

All journeys start with a single step, so start your connection with nature by hiking the Southern Appalachians during your SUUSI week! **We'll guide you through some natural beauty and places for reflection that you'll remember throughout your life.**

Hiking trips this year also include numerous family-friendly trips as well as some longer hikes for the hardy and adventurous. Some of the hiking trips include new combinations of old favorites—take two hikes with one van ride to some of the most scenic locations in Southwest Virginia.

Continued for 2009 – You asked, and we responded! Childcare will be available, upon request, during designated times for parents and guardians taking nature trips. More details will be included in the spring catalog. We value your comments and make every attempt to adjust our programming accordingly!

Aquatics

In the Radford area, the New River offers SUUSI-participants plenty of aquatic experiences. The New River is one of the most exciting rivers in the southeast. There are calm and moving river sections with



brehtaking views second to none, as well as the still waters of Claytor Lake. Check out our canoeing, recreational kayaking, and tubing trips for all ages. Try something new! Learn how to surf and roll a kayak on the river! From flat-water to whitewater, in canoes, tubes, or recreational kayaks, it's all close to Radford University.

Adventure

If you want to get down and dirty or up high and pretty, this area of southwest Virginia is world-class. The underworld of caves offers an array of diversity at every turn in the limestone passageway. The cliffs near the Radford/Blacksburg area, formed over the eons, offer great rappelling and rock climbing experiences. Want to test your skills under less strenuous conditions? We have trips planned to the rock wall right on the Radford campus. Remember how to ride a bike? You can take a ride along river trails or try a challenging mountain bike trail through some serious single track.

Look in your SUUSI '09 catalog and the NUUS for further details of these and other opportunities to enjoy nature in the beautiful Blue Ridge Mountains.



We have a great slate of workshops this year. Build a drum, stretch your spirit, walk the labyrinth, empower your voice, find your inner warrior, create a talisman, delve into humanism, and awaken your chakras.

SUUSI Workshops await you. Below is a very small sample of workshops for 2009. You can find a complete list at www.suusi.org/workshoplist.

Body and Spirit

Partner Yoga
Contact Improv UU Style
Introduction to Argentine Tango
Introduction to T'ai Chi

Religion

Search for Historical Jesus
Ritual of Diana's Bow
Kabbalah
Exploring Spiritual Practice

Arts & Crafts

Create a Talisman
Frida Kahlo: Share the Mirror
Knitting with Lace and Beads
The Exquisite Vegetable

Music

Licks and Tricks on the Guitar
Power Drum Building
Song Interpreting and Performing
Guitar Hero Tournament

Children ages 1 day to 13 years get to be a part of SUUSI Youth. Some of the things that we have planned so far are: outdoor and indoor games, art projects, music, tie-dye, and learning about our Unitarian Universalist Principles. Mornings are full of age group activities for all children. In the afternoons, children ages 7-13 have the opportunity to choose workshops based on their interests. Youth workshops will be listed in the spring catalog. Parents will register their children for youth workshops and trips when they register for SUUSI. Younger children participate in their age group afternoon activities. Visit the youth section of the SUUSI website for more information: www.suusi.org/youth.



Would you like to apply for a Youth Staff position? Have comments or questions about youth programming, evening childcare co-op, or other youth topics? Please contact Dianna at youth@suusi.org or 804-798-2416.